

ST. ANTHONY HIGH SCHOOL

Curriculum Guide & Standards 2025-2026

Information for Registration

You must register for a minimum of six classes. You may take between 6 and 8 classes within the school day. Students are only permitted 2 study halls under special circumstances and with approval from the Principal.

Registration Process

- ✓ Teachers recommend students in math each year. The counselor discusses the recommendations with the students and then checks the previous academic achievement and test scores before making placements.
- ✓ A student meets with the counselor during the school year to review their four-year plan, current progress, vocation/career interests and at that time registers for the following school year.
- ✓ Students should read the course descriptions in the Curriculum Guide. They may obtain more information from the respective teacher regarding specific subject area content, course expectations, etc.
- ✓ Students must repeat all failed required courses.
- ✓ Commitments to faculty are made on the basis of these registration choices. Students wishing to drop or add a course must meet with the counselor to discuss the change desired. The full schedule change policy can be found in the school handbook.
- ✓ Based upon test scores for freshmen students, Individual Educational Plans and conferences with grade school and high school department chairs, accommodations may be provided for special education students.

GRADUATION REQUIREMENTS

Religion	4.0
English	4.5
Math	3.0
Social Studies	3.0
Science	3.0
Fine Arts	1.0
PE/Health/Driver's Ed	1.5
Business / Technology	1.0
	21.0
<i>Electives</i>	4.0
TOTAL	25.0

Students may have the option to enroll in classes at Effingham High School according to the following guidelines:

- ✓ Class is not offered at St. Anthony High School
- ✓ Class fits into schedule
- ✓ Maximum of two credits may be earned from EHS during one school year
- ✓ Students are responsible for the rules and regulations as prescribed by both SAHS and EHS
- ✓ Must be a sophomore, junior or senior
- ✓ Parents assume the responsibility for their children's transportation to and from EHS

Note: SAHS administration will make the final decision in all matters related to the fore-mentioned

THEOLOGY

➤ *Graduation requirements: Four years of Religion*

Sacred Scripture

Length of Course: One year

Credit: 1

Recommended Level: 9

Prerequisites: None

Description of Course: Sacred Scripture is an inspired and infallible record of God's self-Revelation to his people and the gradual unfolding of his plan of salvation. This course explains how to read Sacred Scripture with the Church and presents overviews of the books of the Bible and their importance to the teachings of the Church. It also shows how the covenants and promises that God made with his people in the Old Testament are fulfilled by the New Covenant in Jesus Christ, who is the Word of God.

Introduction to Catholicism

Length of Course: One year

Credit: 1

Recommended Level: 10-11

Prerequisites: None

Description of Course: The purpose of the course is to familiarize students with the basic tenets of Catholicism. This will be accomplished by studying our faith through the lens of each individual's call to holiness. Every Catholic needs to know their faith in order to become fully engaged and active participants in the life of the Church, which is the bride of Christ. This course also includes a detailed study of the Church's sacraments and moral teachings.

Discipleship Intensive

Length of Course: One year

Credit: 1

Recommended Level: 11, 12

Prerequisites: None

Description of Course: Discipleship Intensive is a year-long training program to mature and multiply disciples. This course is designed to equip students to become effective missionary disciples, bringing the Good News to others and building a community centered on Jesus. A primary focus is to help the students cultivate the heart and habits of a disciple of Jesus as part of a community of lay missionary disciples. When a community of disciples, centered on Jesus, dives deeply into prayer, discipleship, community, and evangelization together, the Holy Spirit moves more freely, and lives are changed for the greater glory of God! This course has selective admission; applications are required. Student Expectations include, but are not limited to: 20 minutes of daily, silent prayer, read the daily readings, weekly prayer reflection, weekly Morning Mass, weekly Holy Hour, Scripture memorization.

Moral Apologetics

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: Apologetics is a branch of theology dedicated to providing a rational defense of the Faith. The Church's moral teachings, especially those related to life and sexuality, are constantly under attack so Catholics must be ready to provide a gracious and compelling defense of these doctrines. In the first part of this course we will learn how to defend the Church's teachings on marriage and sexuality and how to refute objections to those teachings. In the second part of this course we will tackle life issues like abortion, euthanasia, and embryo research and learn how to provide a rational defense of the Church's teachings on these issues.

Catholic Apologetics

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: Apologetics is a branch of theology dedicated to providing a rational defense of the Faith. This course introduces the student to the art of fulfilling this biblical mandate to cogently and convincingly explain and defend Christian truth, and focuses on the dispute between Catholics and Protestants and equips students to defend the Church's fundamental teachings against Protestant criticisms.

New Testament

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: This course offers students a deeper look into the New Testament—its history, theology, and literature. With particular focus on the life of Jesus of Nazareth, we will delve into the teachings of the Gospels, the beginning of the Church, and the mystery of the Book of Revelation.

Discover the Saints

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: This course will introduce students to the saints of the past who offer to us an example of how to live out our faith. The class will explore highly-renowned saints as well as those lesser known, from early church times to our modern era. Special emphasis will be placed on saints from North America. Students will read lectures or writings from the saints as well as research their lives and present their findings to the class.

Media through a Catholic Lens

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: The goal of the course is to compare and contrast the beliefs and values of the Catholic Church with those of contemporary culture. This will be done by analyzing music, television shows, and movies. The intent is to heighten awareness in the student of a biblical worldview as contrasted with contemporary society. Some media will be required to be consumed outside of class time.

Writings of CS Lewis

Length of Course: One semester

Credit: .5

Recommended Level: 11, 12

Prerequisites: None

Description of Course: This course is designed to introduce students to a survey of British author C.S. Lewis' body of work. Students will read texts as assigned by the teacher, discuss the reading each day in class, and write a short paper at the conclusion of each text regarding its Christian themes and ideas.

ENGLISH

- *Graduation requirements: 4.5 years of English (This includes 1 semester of Speech)*

English I

Length of Course: One year

Credit: 1

Recommended Level: 9

Prerequisites: None

Description of Course: Designed as an introduction to the critical analysis of the various genres, this course focuses on short stories, poetry, the epic, novels, and dramatic literature. Special emphasis is placed on guiding students from basic reading comprehension to the critical thinking skills of interpreting and extending. Principles of grammar, usage, and mechanics are stressed and directly applied to writing applications, enabling the student to see the connection between composition and the importance of these skills. A small argumentative research paper will be required, so the principals of research and persuasive writing will be taught in conjunction with lessons on plagiarism and MLA style formatting. Paperback: To Kill A Mockingbird

English II

Length of Course: One year

Credit: 1

Recommended Level: 10

Prerequisites: English I

Description of Course: Eng II/ Literature extends beyond English I's curriculum. Students will read a variety of texts from around the world—moving beyond a simple reading of the text to form connections between literature, history, and culture. Students will read and analyze literature using historical and cultural criticism. Major Readings: Antigone (Sophocles), The Lord of the Flies (Golding), and All Quiet on the Western Front (Remarque).

In English II/ Composition, students will review grammar rules and learn the basics of sentence structure and how to develop a clear writing style. They will compose personal essays in different prose forms including persuasive, narrative, and expository. Students will also be learning MLA style formatting and citing for research papers. Students will also complete ACT preparation exercises.

American Literature

Length of Course: One year

Credit: 1

Recommended Level: 11-12

Prerequisites: English I and English II

Description of Course: Students will read and study traditional American literature with emphasis on the different time periods of literature. The literature is presented chronologically to emphasize how America and its history are reflected in its literature. Grammar and writing instruction will be taught in conjunction with studying and analyzing American Literature. This is a writing intensive class so much of the assessment for the course will be analytical or research driven essays. Novels: The Great Gatsby, The Catcher in the Rye, and The Adventures of Huckleberry Finn.

Journalism

Length of Course: One year

Credit: 1

Recommended Level: 11-12

Prerequisites: English I and English II

Description of Course: Journalism a project based class which will equip students with the tools to read, comprehend and evaluate mass communications in the 21st century. These include analysis of television, Internet, journalism, and Social Media sources. The focus will be on written assignments, projects, and oral presentations that help students develop critical thinking skills. Student will also be expected to create written and oral assignments and projects utilizing a variety of technological tools.

Composition I (Dual Credit Course)

Length of Course: One semester

SAHS Credit: .5 **Lake Land College Credit:** 3

Recommended Level: 11 or 12

Prerequisites: English II or English III with a B average, instructor approval, & a min. ACT English score of 19 (Students have the opportunity to take an assessment test if the prerequisites are not met)

Description of Course: Students will work on improving their writing through a thorough examination of writing fundamentals. Using these fundamentals, students will write a series of essays using various rhetorical strategies to show the ability to communicate, persuade, and inform, as well as to show critical-thinking skills.

Note: *The Lake Land College credit earned may be transferable to other institutions.*

Composition II (Dual Credit Course)

Length of Course: One semester

SAHS Credit: .5 **Lake Land College Credit:** 3

Recommended Level: 11 or 12

Prerequisites: Composition I with a B average and instructor approval

Description of Course: Students will practice writing longer pieces of prose, as well as working on formatting and technical writing. An emphasis will be placed on an extended-length research paper, proper citation of sources, and library research skills.

Note: *The Lake Land College credit earned may be transferable to other institutions.*

Intro to Literature (Dual Credit Course)

Length of Course: One semester

SAHS Credit: .5 **Lake Land College Credit:** 3

Recommended Level: 11 or 12

Prerequisites: Composition I and II or American Literature with a B average and instructor approval (priority will be given to students who have completed Composition I and II)

Description of Course: Students will read, examine, and discuss a variety of literary works from different genres as a way to analyze and understand the value, purpose, and components of literature.

Note: *The Lake Land College credit earned may be transferable to other institutions.*

Honors Literature

Length of Course: One semester

Credit: .5

Recommended Level: 11 or 12

Prerequisites: Previous or concurrent enrollment in Intro to Literature

Description of Course: Students will read, examine and discuss a variety of literary works, specifically works written by international authors. This course is writing intensive. Students will be required to journal, engage in class discussions, write analytical essays, and take written exams over the course of the semester. Students can expect to read works written by Shakespeare, Khaled Housseni, Oscar Wilde, and Chinua Achebe.

Speech

Length of Course: One semester

Credit: .5

Recommended Level: 11

Prerequisites: None

Description of Course: The emphasis in this course is placed on developing a greater awareness of self as a communicator in one-to-one as well as one-to-many communication situations. The first half stresses communication theory where as the second half deals with the application of theory in various speaking situations. Students will be expected to say six prepared speeches during the semester: autobiographical, demonstration, informative, persuasive, group discussion and debate

SCIENCE

➤ *Graduation requirements: Three years of Science*

Biology

Length of Course: One year

Credit: 1

Recommended Level: 9 or 10

Prerequisites: Algebra I

Description of Course: Biology is the study of life. Within the curriculum of biology, various topics such as classification, cell structure and function, genetics and evolution, microbiology, and plants are emphasized in accordance with text material. Laboratory work will be performed to help explain concepts presented in class.

AP Biology

Length of Course: One year

Credit: 1

Recommended Level: 11 or 12

Prerequisites: Biology and Chemistry with a minimum grade of B and teacher approval

Description of Course: This course is equivalent to a college introductory biology course. Students will have the option of taking the AP exam upon completion of this course and, if they qualify, may receive college credit. The three main areas of focus are molecules and cells, heredity, and evolution, and organisms and populations. Advanced laboratory work will be performed in conjunction with each unit.

Earth/Environmental Science

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: None

Description of Course: This course is offered as an alternative to chemistry and physics. Environmental biology involves the study of the environment around us. Primary interest is how we impact the environment and the steps necessary to save our environment now and for future generations. Emphasis is placed upon interaction with our Earth, recycling, energy resources, and land and water sources. In addition to the text, information will be provided through laboratory activities and independent or group research projects.

Anatomy & Physiology

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: Biology with a B, or teacher recommendation.

Description of Course: This course will consist of a detailed study of human structure and function. The ten major organ systems of the body will be surveyed during this course. Dissection of various animal organs will be utilized in explaining these systems. This course is designed for college bound students interested in science.

Physical Science

Length of Course: One year

Credit: 1

Recommended Level: 9 or 10

Prerequisites: None

Description of Course: This course is an introduction to the physical sciences. The first topic is chemistry: matter, atomic structure, chemical bonding, chemical reactions, acids, bases, and pH. The second topic is physics: motion, forces, work, power, temperature, waves, sound, light, electricity, and magnetism. The third topic is our planet Earth: minerals, earthquakes, plate tectonics, and the atmosphere; and an exploration into the universe: solar system, stars, and galaxies.

Conceptual Physics

Length of Course: One year

Credit: 1

Recommended Level: 9, 10, 11, or 12

Prerequisites: Algebra I or concurrent enrollment in Algebra I and instructor approval

Description of Course: This course presents nature's basic rules. With a base of conceptual comprehension established first, minor calculations will then be used to strengthen insight and provide a more meaningful understanding and appreciation for nature. The principles covered are mechanics, properties of matter, heat, sound and light, electricity and magnetism, and atomic/nuclear physics. This course is only intended for students who desire an understanding of elementary physics and for those pursuing a field of study as an engineer or scientist.

Chemistry I

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: Algebra II or concurrent enrollment in Algebra II, or teacher recommendation

Description of Course: This course is the study of the composition, structure, and properties of matter and the changes it undergoes. The principles covered are matter, measurement, atomic structure, chemical bonding, chemical formulas/equations and reactions, stoichiometry, phases of matter, solutions, colligative properties of ions in aqueous solutions, acids and bases, pH, and titration. Minor experimental work and demonstrations will be conducted to support theory.

Chemistry II

Length of Course: One year

Credit: 1

Recommended Level: 11-12

Prerequisites: Chemistry I

Description of Course: This course builds upon the principles acquired from the first year of chemistry. The principles covered involve a review of solutions, acid-base theory, pH and titration. Topics of reaction energy, reaction kinetics, chemical equilibrium, oxidation-reduction reactions, and organic and nuclear chemistry will be explored. Laboratory design, research reports and classroom presentations are a required component. This course emphasizes methods of problem solving that will sufficiently prepare students for the Advanced Placement Chemistry Exam.

Physics

Length of Course: One year

Credit: 1

Recommended Level: 11-12

Prerequisites: Advanced Math or concurrent enrollment in Adv. Math; or instructor consent

Description of Course: The goal of this course is to use basic concepts, equations, and assumptions to describe the physical world. The content covered includes motion in one dimension, vectors, two-dimensional motion, forces, work, energy, momentum, rotational motion, equilibrium, fluid mechanics, thermodynamics, waves, sound, light reflection/refraction/diffraction, and atomic/nuclear physics.

Advanced Physics

Length of Course: One year

Credit: 1

Recommended Level: 11-12

Prerequisites: Physics and teacher recommendation

Description of Course: This course builds upon the principles acquired from the first year of physics. This course emphasizes lab work.

MATHEMATICS

- *Graduation requirements: three years of Math (includes Algebra I and some form of Geometry)*
- *After freshman year, placement is based on overall performance and teacher recommendations.*

Basic Algebra

Length of Course: One year

Credit: 1

Recommended Level: 9

Prerequisites: Teacher recommendation

Description of Course: This course is designed to teach students how to think and reason in a logical and systematic manner. Students will master operations with positive and negative numbers, handle the four basic operations of fractions, use various transformations in the solving of equalities and inequalities, master problems dealing with ratio, proportion, and percent.

Algebra I

Length of Course: One year

Credit: 1

Recommended Level: 9

Prerequisites: Teacher recommendation

Description of Course: This course begins with work on operations with signed numbers including fractions and decimals, real numbers and the number line, solution of linear equations in one variable and applications, special products and factoring, polynomials and positive integral exponents, rational expressions and solutions of rational equations and applications, graphing equations, direct and inverse variation and introduction to radicals - addition, subtraction, multiplication and divisions.

Integrated Geometry

Length of Course: One year

Credit: 1

Recommended Level: 10 or 11

Prerequisites: Algebra I

Description of Course: This is a full year course that offers a basic introduction to the terminology of geometry (lines, planes, angles, etc.), basic geometric construction with compass and straight edge (bisecting line segments and angles), knowledge of formulas for distance, areas, volume, and perimeters of geometric objects in two and three dimensions, knowledge of the basic theorems of plane geometry and the ability to apply these theorems, and an understanding of proofs and proof methods in geometry.

Geometry

Length of Course: One year

Credit: 1

Recommended Level: 9 or 10

Prerequisites: Algebra I with a C average with teacher recommendation

Description of Course: This course is a basic introduction to the terminology of geometry, basic geometric construction with compass and straight edge. Knowledge of formulas for distance, areas, volume, and perimeters of geometric objects in two and three dimensions. Knowledge of the basic theorems of plane geometry and the ability to apply these theorems, and an understanding of proofs and proof methods in geometry.

Honors Geometry

Length of Course: One year

Credit: 1

Recommended Level: 9 or 10

Prerequisites: Algebra I with a B average and teacher recommendation

Description of Course: This course is a basic introduction to the terminology of geometry, basic geometric construction with compass and straight edge. Knowledge of formulas for distance, areas, volume, and perimeters of geometric objects in two and three dimensions. Knowledge of the basic theorems of plane geometry and the ability to apply these theorems, and an understanding of proofs and proof methods in geometry. This class will use the AP grading scale.

Integrated Algebra II

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: Algebra I & Geometry or Integrated Geometry

Description of Course: Students extend their elementary algebra and apply it to linear and quadratic functions, equation solving, linear systems of equations and inequalities, linear and quadratic systems, applications, and introductions of exponential and logarithmic functions and probability.

Algebra II

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: Algebra I, Geometry, and teacher recommendation

Description of Course: Students extend their elementary algebra and apply it to linear and quadratic functions, equation solving, linear systems of equations and inequalities, linear and quadratic systems, applications, and the exponential and logarithmic functions and probability.

Honors Algebra II

Length of Course: One year

Credit: 1

Recommended Level: 10, 11 or 12

Prerequisites: B average in Algebra I and Geometry, with teacher recommendation

Description of Course: Students extend their elementary algebra and apply it to linear and quadratic functions, equation solving, linear systems of equations and inequalities, linear and quadratic systems, applications, and the exponential and logarithmic functions and probability. This class will use the AP grading scale.

College Prep Algebra

Length of Course: One year

Credit: 1

Recommended Level: 11 or 12

Prerequisites: Algebra II

Description of Course: This is a continuation of Algebra II. This course includes these topics: graphs, linear and quadratic functions, polynomial and rational functions, exponential and logarithmic functions, and systems of equations and inequalities.

Advanced Math

Length of Course: One year

Credit: 1

Recommended Level: 11 or 12

Prerequisites: Algebra II and teacher recommendation

Description of Course: This is a course designed for an in-depth study of pre-calculus concepts, number line, the plane, functions, graphing, topics in trigonometry, vectors, space, second degree equations, polar coordinates, series and sequences, probability and statistics, matrices, combinations and permutations and Analytic Geometry, and the graphing calculator.

Advanced Placement Calculus

Length of Course: One year

Credit: 1

Recommended Level: 12

Prerequisites: Advanced Math with a C and teacher recommendation

Description of Course: This course is designed for the student who is highly motivated and exceptionally gifted in mathematics. Topics covered are functions, limits, differentials, derivatives and integrals and their applications to real, trigonometric, logarithmic and exponential functions, and techniques of integration. Students will take the National Advanced Placement Calculus AB examination, which consists of multiple choice questions and essay questions.

(Depending upon the university and AP test score, a student may earn up to 5 college credit hours.)

Advanced Placement Statistics

Length of Course: One year

Credit: 1

Recommended Level: 11 or 12

Prerequisites: Algebra II with a B and teacher recommendation

Description of Course: It assumes no prior background in statistical concepts and techniques. Some of the topics covered are elementary probability theory, binomial probability distribution, normal distribution, sampling distribution, hypothetical testing, and regression and correlation. Students will take the National Advanced Placement Statistics examination, which consists of multiple choice questions and essay questions. Based on meeting the universities required AP exam score, a student may earn a minimum of three college credit hours.

SOCIAL STUDIES

- *Graduation requirements: 1 semester World History, 3 semesters U.S. History, 1 semester American Government, and 1 semester elective.*

U.S. History I

Length of Course: One Semester

Credit: .5

Recommended Level: 11

Prerequisites: None

Description of Course: This course will cover the time of Exploration and Discovery up to the Madison Presidency (1492-1808). Students will analyze and report historical events, determining cause and effect relationships, along with the comparisons of competing interpretations of an event. The Revolutionary War and the events leading up to it will be thoroughly researched. Political ideas such as Federalism and Jefferson Democracy will be identified. Students will analyze how the United State's political history has been influenced by the nation's economic, social and environmental history. The U.S. Constitution and the required national test will be covered in this class.

U.S. History II

Length of Course: One Semester

Credit: .5

Recommended Level: 11

Prerequisites: None

Description of Course: Students will continue their journey through American History as they study the War of 1812, Jacksonian Democracy, Antebellum Period, Civil War, Reconstruction Era, Western Expansion, Industrialization, Gilded Age, Spanish American War, and WWI (1809-1920). There will be a research paper required and research methods will be utilized. Students will determine cause and effect relationships along with comparisons of various interpretations of events. Political history as it relates to the nation's economic, social and environmental history will be analyzed.

U.S. History III

Length of Course: One Semester

Credit: .5

Recommended Level: 12

Prerequisites: None

Description of Course: Students will learn about the history of the United States including the Roaring 20s, Dust Bowl, New Deal, Korean War, Civil Rights Era, Watergate, Reagonomics, and the end of the Cold War (1920-1990). The main topics that will be discussed are the Great Depression and its effects on society, World War II and its global impact, The Cold War and how it affected the United States and the Soviet Union, the Korean conflict, Vietnam, and the Gulf Wars. Students will be required to research these events and determine cause and affect relationships. Political history as it relates to the nation's economic, social, and environmental history will be analyzed.

Ancient World History

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Pre-Requisites: None

Description of Course: This course is a chronological study of Ancient cultures up to approximately 1700. The class will focus on Western Civilization. Students will understand how man developed and early civilizations formed. In-depth studies will include Ancient Sumer, Egypt, Greece, and Rome and continue into the Medieval and Renaissance periods. European wars will be studied and students will analyze how those wars affect our world today.

Modern World History

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Pre-Requisites: None

Description of Course: Students will learn about Western Civilization beginning at approximately 1700 extending to the present. Major topics include the Scientific Revolution, French Revolution, Industrial Revolution, Imperialism, World War I, World War II and the Cold War. Students will realize the contributions made by various individuals throughout this era of history and the impact they made on society. Students will analyze how various events have made impacts on the world's economic, social and political history.

American Government

Length of Course: One semester

Credit: .5

Recommended Level: 12

Prerequisites: None

Description of Course: Students will use a variety of skills to gain an understanding of the United States and Illinois state governments. The American system of government, with its separation of powers as well as checks and balances, allows for full participation by its citizens. Students will understand the process of participating in our democracy as well as how the system works to their benefit. Particular emphasis will be placed on the three branches of government at both the federal and state levels. Included will be a thorough study of the Illinois Constitution and how it affects our lives today.

Geography

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11 or 12

Prerequisites: None

Description of Course: In today's tightly interrelated world, students must understand the world's physical features, how they blend with social systems and how they affect economies, politics and human interaction. To grasp geography and its effect on individuals and societies, students must know the broad concepts of spatial patterns, mapping, population and physical systems (land, air, and water). Students will: Understand world geography and the effects of geography on society, with an emphasis on the United States; locate, describe and explain places, regions and features on the Earth; analyze and explain characteristics and interactions of the Earth's physical systems; understand relationships between geographic factors and society; understand the historical significance of geography.

Psychology

Length of Course: One semester

Credit: .5

Recommended Level: 10, 11, 12 or Instructor Approval

Prerequisites: None

Description of Course: This course is designed to teach principles of development learning, thinking, personality, behavior, sensation, perception, language, and memory. This course will also act as an exploration of Psychology for students interested in pursuing fields related to Psychology after the completion of high school.

FINE ARTS

- *Graduation requirements: One Fine Arts credit.*
- *Two semesters of any of the music or art courses.*

Band

Length of course: One semester

Credit: .5

Recommended Level: 9, 10, 11, and 12

Prerequisites: JH Band or permission of instructor

Description of Course: Open to all students with musical ability that plays a woodwind or brass instrument. Basic music skills are enhanced on one's instrument. Students are given the opportunity for individual and group performances through Solo & Ensemble and Organization Contests, IMEA District V Festival, and various Honor Bands. The band presents seasonal performances throughout the year including, but not limited to Masses, basketball games, formal concerts, and other school/community events. Participation in a grade school and/or junior high school band program is recommended. Participation in rehearsals and performances held after school are required.

Chorus

Length of Course: One semester

Credit: .5 per semester

Recommended Level: 9, 10, 11 or 12

Prerequisites: None

Description of Course: Chorus is a non-auditioned group for students who enjoy or are curious about singing. A wide variety of basic choral literature will be rehearsed and performed. There is no need to be an advanced singer. Each member will be provided the opportunity to develop basic music terminology, proper singing techniques and performance skills. Students will also be given online audio and visual assignments.

Art I

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Prerequisites: None

Description of Course: This class covers the basic elements using the media that they are acquainted with as well as be introduced to new media such as pastels and acrylics. Students will complete several hands-on projects that will enable them to build on what they have learned and develop new skills as they go along. The emphasis will be placed on the basic elements and principles of art and the artistic techniques therein. Students will study artists spanning time from the Romans to Andy Warhol.

Art II

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Prerequisites: Art I

Description of Course: Students will continue to study the art elements and work on projects. Besides using the media introduced in Art I, water color, printmaking, and sculpting will be introduced. Students will continue to study the lives of influential artists and create projects together as a class. Larger individual projects will also be completed.

Ceramics

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11 or 12

Prerequisites: None

Description of Course: This class is designed to give students the opportunity to learn the art of pottery making, using slab, coil, mold, and wheel throwing processes. Students will need to complete a number of ceramic projects such as pinch pot characters, vases, hand built pots and bowls, sculptural pieces, and wheel thrown vessels.

BUSINESS/TECHNOLOGY

- *Graduation requirements: One Business credit with one semester of Consumer Education*

Computer Concepts

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11 or 12

Prerequisites: None

Description of Course: Students will see and experience how the computer technology is used for business, education, and personal applications through the use of advanced features of word processing, spreadsheets, database, presentation packages, and a publishing program (Microsoft Office). Additionally, students will be introduced to advances in technology in relation to the use of electronic notebooks, iPads, and laptops.

Yearbook

Length of Course: One Year

Credit: 1.0

Recommended Level: 11 or 12 (or instructor approval)

Prerequisites: Computer Concepts

Students will be introduced to some of the newest multimedia presentation/design/editing programs. An emphasis will be on setting up a story line, gathering information (including coverage of events/activities) for the story (including pictures, videos, and data). This class will incorporate essential concepts of desktop publishing (document design, style, and layout) and video production. Students will have hands-on experience creating a yearbook and a documentary video.

Consumer Education

Length of Course: One semester

Credit: .5

Recommended Level: 11

Prerequisites: None

Description of Course: This class follows the Dave Ramsey curriculum. Dave Ramsey, personal finance expert, uses the curriculum to educate and entertain students as they learn how to avoid debt and build wealth. Students become equipped to confidently discuss money issues and plan for their own financial future. Topics reviewed in the course include financial responsibility and decision making; income and careers; planning and money management; credit and debt; risk management and insurance; plus saving and investing. The semester-long course offers students the extra confidence and knowledge required to handle day to day finances as well as the major money decisions. The class is also accompanied with numerous guest speakers. *This class is required for graduation.

Graphic Design

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Prerequisites: None

Description of Course: This course will introduce students to Graphic Design by learning the basic Computer Programs in the Adobe Suite including PhotoShop, InDesign, and Illustrator. Students may complete graphic design applications in print for a simulated business.

Graphic Design may count for a Fine Arts or Business/Techology credit.

Technology Applications

Length of Course: One year

Credit: 1.0

Recommended Level: 11 or 12

Prerequisites: Computer Concepts, Permission of Instructor & Guidance Counselor

Description of Course: This course offers students insights into applying technology through problem-based project and real-world applications. This will be a project-based and self-paced class. Instructor will meet with the student(s) to develop, plan, and execute technology-based projects. Projects could include but not limited to Graphic Design, Programming, C.A.D. and Media projects. A high level of engagement will be required so as to learn through this independent study course. Class enrollment numbers may be limited if administration determines necessary.

Internship

Length of Course: One year

Credit: 1.0

Recommended Level: 11 or 12

Prerequisites: Enrollment in Technology Applications

Description of Course: The internship provides the student with the opportunity to apply his/her knowledge, learn new techniques, and get on-the-job training at an approved work site. Students will work an average of 2 class periods (90 minutes per day). Students must have permission from the Principal and Guidance Counselor in order to enroll in internship.

Mobile Makers

Length of Course: One year

Credit: 1.0

Recommended Level: 9, 10, 11, or 12

Prerequisites: None

Description of Course: This course teaches the basics of mobile app development, using basic programming skills and iOS frameworks. Students experience an authentic workplace environment, applying real-world industry tools and best practices. Students create 10 working applications (apps) that grow in complexity throughout the year. The course focuses on the Swift programming language, logical thinking and programming skills, project management strategies, and career-ready software development and team collaboration.

FOREIGN LANGUAGE

- *At a minimum, two years of a foreign language is strongly encouraged at St. Anthony High School.*

Spanish I

Length of Course: One year

Credit: 1

Recommended Level: 9

Prerequisites: None

Description of Course: This course is designed to introduce the alphabet, sounds, and stress patterns necessary to acquire some pronunciation skill. It will enable the student to use basic beginning vocabulary and present tense verbs and build grammatical structures. The student will also be introduced to the Hispanic culture.

Spanish II

Length of Course: One year

Credit: 1

Recommended Level: 10

Prerequisites: Spanish I

Description of Course: This course builds upon the foundation of Spanish I and is designed to continue vocabulary building and increase pronunciation skills as well as to introduce past, future, present perfect and present subjunctive tenses as well as helping verbs. Taking this course will increase the student's ability to speak, write, read, and understand the spoken language.

Spanish III

Length of Course: One year

Credit: 1

Recommended Level: 11

Prerequisites: Spanish II

Description of Course: This course will review briefly the concepts of Spanish I and Spanish II by refining details of grammatical usage, continuing to build vocabulary, increasing familiarity with and use of all verb tenses. It will also introduce past subjunctive and conditional tenses. Spanish III deals more thoroughly with both cultures.

Spanish IV

Length of Course: One year

Credit: 1

Recommended Level: 12

Prerequisites: Spanish III

Description of Course: This course is designed to further improve and refine the Spanish student's ability to communicate and understand written and spoken Spanish. In this course grammar and vocabulary from previous Spanish courses will be reviewed. Students will read and discuss current events and focus on the importance and practical aspects of knowing the Spanish language in any career. Also included in the course is further study of the Hispanic culture and basic literature, its countries and how their influence is affecting and changing our own country is studied. The class will be conducted mostly in Spanish.

HEALTH/PHYSICAL EDUCATION

- *Graduation requirements: Students must receive 1.5 credits of Health/Driver's Ed/PE. PE & Strength Training count for the same credit and can be taken more than once.*

Driver's Education/Freshman PE

Length of Course: One semester **Credit:** .25 each quarter

Recommended Level: 9

Prerequisites: None

Description of Course: Within a semester, students will spend 1 quarter covering material for Driver's Education and 1 quarter participating in Freshman PE. These courses will show up on your transcript as .25 credits each.

Driver's Ed: Must have passed 8 academic classes in two semesters prior to enrolling in driver education class (State of Illinois requirement). Thirty hours of classroom instruction and six weeks of behind-the-wheel training are required.

Effingham Unit #40 will contact students to schedule behind-the-wheel training.

Freshman PE will be similar to the course description for PE.

Physical Education

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11 or 12

Prerequisites: None

Description of Course: This course is designed to help students develop a positive attitude toward physical, mental and social well-being. The course will be divided into activity units including fitness testing, team sports, individual sports, and other fitness activities. Additional semesters of physical education can be taken for credit beyond the graduation requirements.

Health

Length of Course: One semester

Credit: .5

Recommended Level: 9 or 10

Prerequisites: None

Description of Course: Developing good health habits are the primary concerns of this course. Physical, mental, and social aspects of health will be included in Health. Topics such as physical fitness, nutrition, mental health, drug awareness, and human development will be emphasized. Additionally, students will learn CPR where an additional fee will be required.

Strength Training

Length of Course: One semester

Credit: .5

Recommended Level: 9, 10, 11, or 12

Prerequisites: None

Description of Course: This course is designed to help students develop a positive attitude toward physical, mental and social well-being. Students in this course will be required to perform strength training at minimum three times per week. The other days will include skill development, fitness testing, team sports, and other fitness activities.

ELECTIVES

Health Occupations

Length of Course: One year

Credit: 2

Recommended Level: 12

Prerequisite: Scheduled by Effingham High School

Course Description: Health Occupations class is a Health Science Technology class designed primarily for high school seniors who are interested in pursuing a career in the health care field. The program provides a core of information common in the health care industry. Students will see all aspects of health care as provided in a hospital setting. The Health Occupation program integrates academic, as well as workplace skills and career development competencies. The students will observe health care professionals in their unique health-care setting and experience a variety of career pathways in the field, including direct patient care and support services, such as medical records, accounting, and dietetics. The students will have opportunities to learn about all the systems of the human body and how it works. Upon completion of the program, the student will have the skills to apply for certification as a nurse assistant. The course is offered as a corporate campus and is held at St. Anthony's Hospital in Effingham.

CTEC

Length of Course: One year

Credit: 2

Recommended Level: 12

Prerequisite: Application and acceptance into the program

Course Description: The CTEC class is a one-year program open to senior students in Effingham County high schools. The class is scheduled to meet daily from 7:00 am to 9:15 am. in the Effingham Junior High School shop area. Throughout the year, CTEC students visit active jobsites, tour local businesses, and network with business leaders in our community. These experiences give our graduates a better understanding of the industry and help them establish valuable connections in the local construction community. Whether they are surveying a build site, framing a window, or wiring a breaker box, CTEC students develop the practical skills needed to succeed in the construction and building fields. Learning is supplemented by the NCCER Core Curriculum. Upon completion of the course, students will be able to register for a certification with NCCER that is valid anywhere in the United States. Student also an recieve OHSA 10-Hour Certification – putting our students ahead of non-CTEC grads!

Entrepreneurship (CEO)

Length of Course: One year

Credit: 2

Recommended Level: 11 or 12

Prerequisite: Application and acceptance into the program

Description of Course: This full-year course is divided into two distinct sections: the first semester coursework will cover the basics of starting and running a business, and the second semester will involve opening and maintaining a small business within the high school.

First semester coursework will include such concepts as supply and demand, cost analysis, competition benefits, and marketing. Also covered during the first semester will be personnel issues and accounting skills. All subject matter covered in the first semester will be put to practical use in the second semester as students open and manage a small business.

Core Academy

Length of Course: One semester or one year

Credit: Various

Recommended Level: 11 or 12

Prerequisite: Application and acceptance into the program

Description of Course: CORE Academy courses empower high school students with hands-on learning opportunities in key fields: Agriculture, Healthcare, Information Technology, Advanced Manufacturing, and Transportation. Our mission is to equip the region with a highly skilled workforce, enabling individuals to pursue their chosen fields without the need to relocate. The Explore CORE course introduces students to local career pathways through blending classroom learning with practical business and industry experience.